



# RUN MARSHALS POSITIONS

Tri-Laois 2024

**Run Lead - Paddy Holland – 085 848 5546**

Billy Treacy 086 806 0979

## Run Marshal Race Day Schedule:

- **06:00** - Be Onsite @ PLC
- Sign it at Registration inside the PLC (note this is compulsory).
- Collect your new trilogy top and Marshal Goodie bag.
- Report to your Paddy Holland – Run Lead.
- Help with Run Route Setup completion.
- **08:30** - Be in your designated Race Position (detailed in this document)
- Stay in your position until instructed to vacate it by Paddy Holland (Run Lead) or Billy Treacy (Lead Marshal)
- Assist with Run Route and Transition cleanup after race concludes.
- **20:00** – Join us for some refreshments in Kavanagh's Bar on Main Street

See Race Positions on the following pages:



### Position 1:

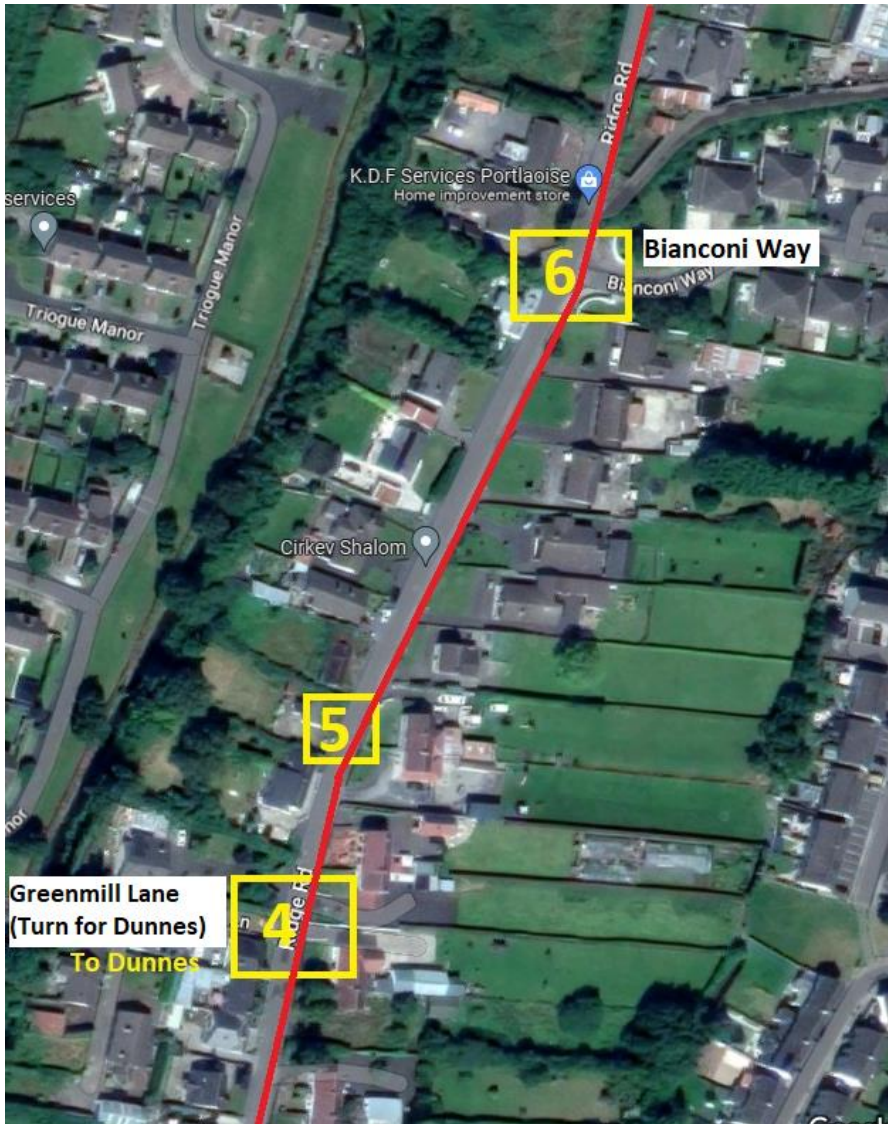
- Margaret Cross

### Position 2:

- Ingrid Condell
- Mary Fingleton

### Position 3:

- Alex Cathcart
- Tatiana Chowlka
- Shane Delaney
- Sinead Wearen



**Position 4:**

- Bertie Walsh
- Darach Kennedy
- Anne-Marie Lowry

**Position 5:**

- TBC

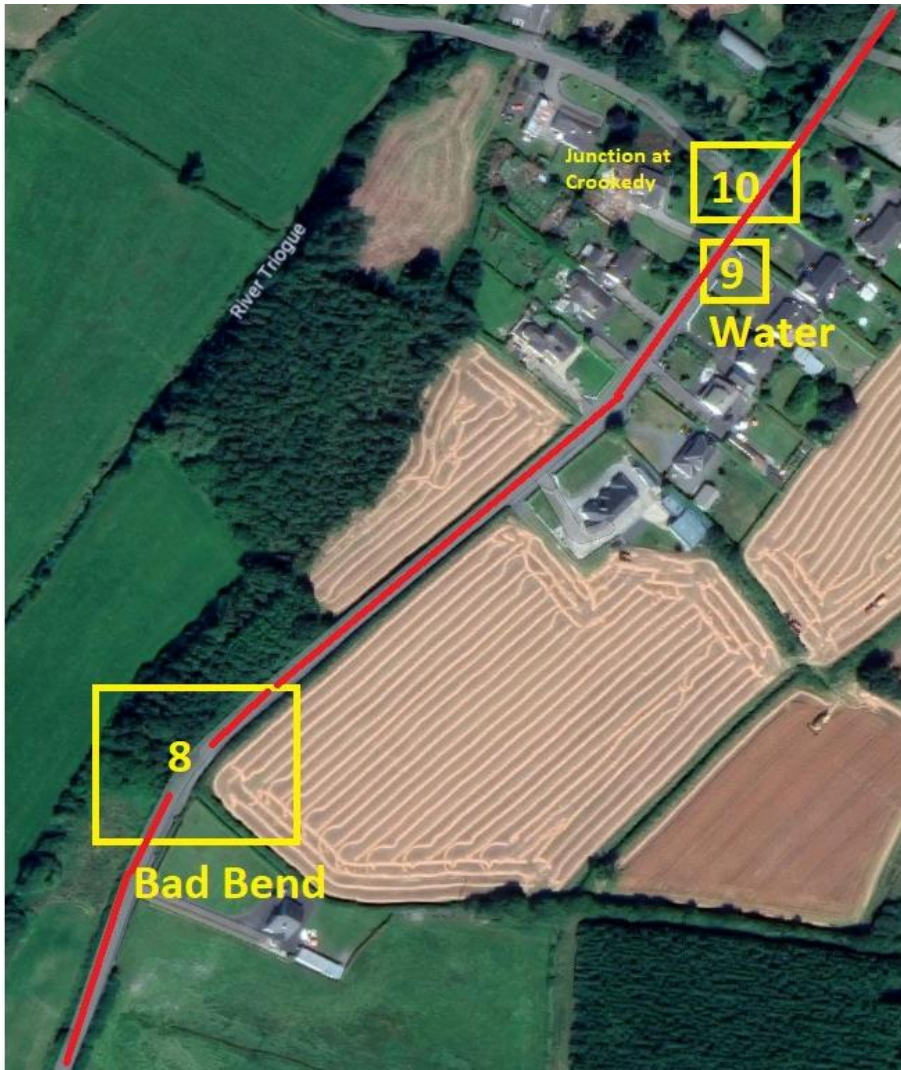
**Position 6:**

- Jennifer Foley-Egan



**Position 7:**

- Eoin Fitzpatrick



**Position 8:**

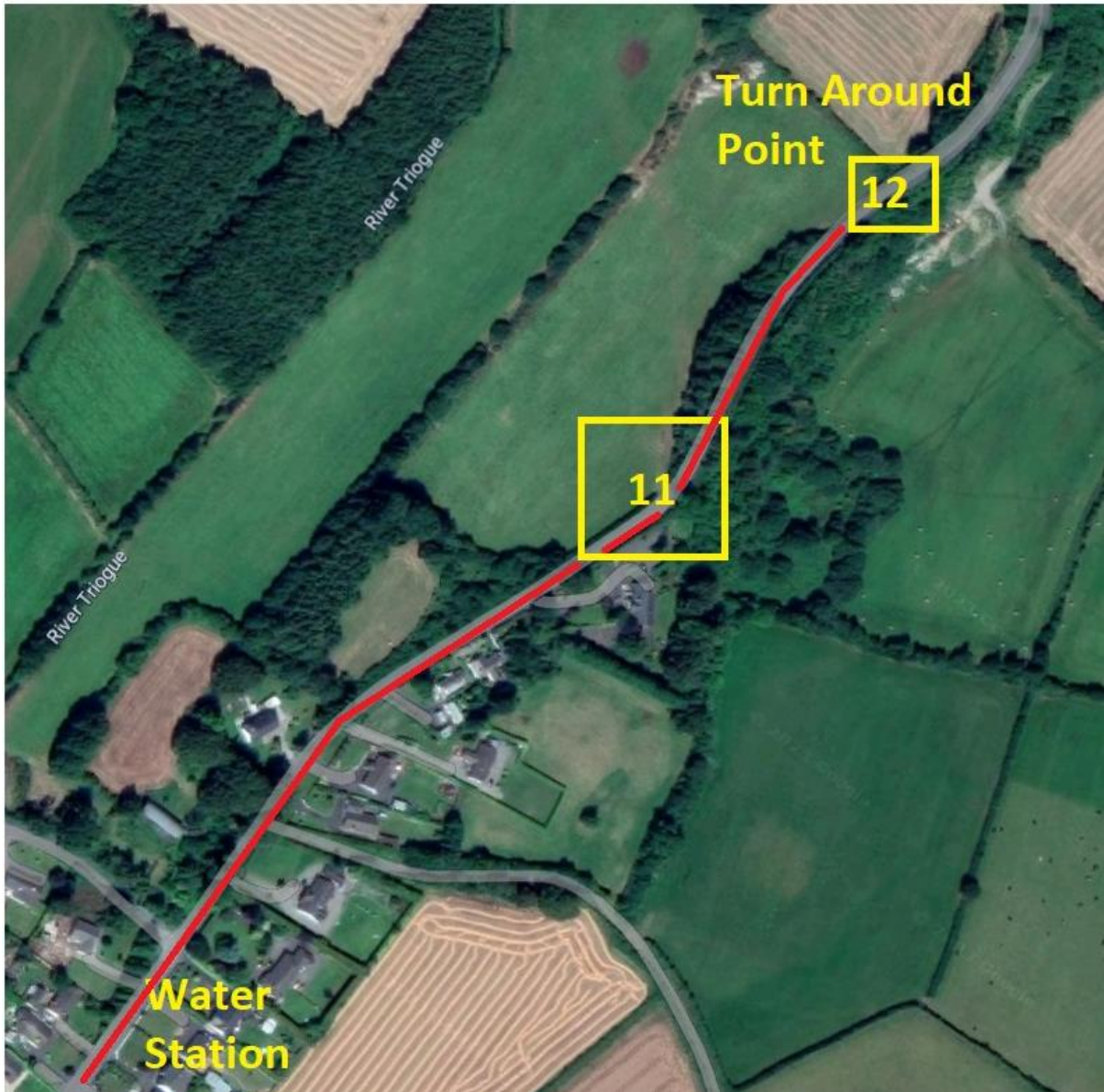
- Anne Lynch

**Position 9 (Water Station):**

- Chris Miller
- Grace Miller

**Position 10:**

- Bríd Keegan



**Position 11:**

- Deirdre O’Sullivan

**Position 12 (Turnaround):**

- Caoimhe Kenny
- Doreen Gowing